

Here are some highlights from the Duval County Public Schools Nutrition Program for the month of November:

Fresh, Locally Grown Satsumas

Each year we partner with Cherokee Satsumas, a local farm in the Florida panhandle, to serve delicious, freshly picked satsumas to the students of Duval County during the winter months.

Packed with Vitamin C, this low-sugar fruit is part of the mandarin orange family, including clementines and tangerines. Satsumas are identified by their smooth, lightly attached skin, known as “zipper-skin,” which makes them easy to peel and a student favorite.



Holiday Meal

We celebrated Thanksgiving early in our cafeterias with a festive holiday meal on November 16, including roasted turkey, cornbread dressing, mashed potatoes and gravy, seasoned green beans, and apple crisp.

Student Choice Voting

High school students across the district sampled and voted on two new concept options to add to their school menu, and Flame won the popular vote. This fresh take on grilled burgers and sandwiches with flavors that elevate your meal will be the new featured concept on high school menus this winter!

Mood Boost

This month we featured the “confident” Moodie on elementary menus and highlighted foods, like our vegetarian chili with rice, that help feed your body, brain, and mood!

Discovery Kitchen

November is Let’s Get Cooking Month for our Discovery Kitchen, a celebration of homemade foods. We invited students and families to join the fun and get a taste of fall by creating our homemade pumpkin bars. Follow along with our recipe video to give it a try: <https://vimeo.com/602048975>