



LEAD Summit Leadership Training

Full Agenda

Wednesday, June 23rd

7:15-8:15

Open registration and check-in

Start of LEAD
Summit

8:15-8:30

Opening remarks

President Roy Pistone

8:30-10:00

Your Personal Presence & Emotional Intelligence

Jennifer Webb, UF

People skills—the ability to understand what others need from an emotional intelligence perspective—are enormous. This program focuses on two key aspects of success: identifying how others see you and how to make adjustments, and adapting the key wisdom of Emotional Intelligence including the power of empathy. Understanding the emotions of yourself and others is essential to become a good leader, laying the groundwork for conflict resolution, communication, and giving praise.

10:00-10:15

Coffee break

10:15-12:15

Understanding Yourself and Others to Build the Team

Jennifer Webb, UF

Highly successful teams require specific skills. This program focuses on the importance of attitude—yours, examining personality styles at work and why it matters, how to encourage differences of opinion in order to be more effective and how to inspire and influence others to be their best. You will be able to take these skills and gain a better understanding of your team and yourself, improving communication and collaboration all while encouraging diversity and celebrating your team's differences.

12:15-1:15

Boxed lunch al fresco

Sponsored by Peterson Farms



Wednesday, June 23rd (continued)



1:15-3:15

Prioritize for Work-Life Balance

Laurel Brown, UF

This session will equip you with tools to help effectively manage stress and prioritize your time by identifying what is important. We will also look at how work-life integration is key to achieving balance, building resilience, and maintaining a healthy personal and professional outlook. Use the skills you learn to experience a more calm, productive and satisfying day, and transition to a more peaceful evening.

3:15-3:00

Zen break

3:30-6:00

Industry Partner Lightning Rounds

New Products! Foods! Twists on Preparation & Presentation! Small groups of attendees will go table to table for quick, highly informative presentations from 16 Sustaining Industry Partners. The small group setting will allow for questions and answers, and plenty of sharing about new products, company information, trends, or new uses for existing products.

6:30-7:30

Reception

Thursday, June 24th

7:00-8:00

Open registration and check-in for Leadership Training attendees

8:00-8:15

Opening remarks

8:15-9:15

Culinary Trends

TBA

**Start of
Leadership
Training**



Thursday, June 24th (continued)



9:15-10:15

Power of Focus; Boosting Personal Productivity

Laurel Brown, UF

In this session, you will improve your capacity to deal with distractions and interruptions and develop a greater ability to plan and manage your personal workflow. Habits and their effect on productivity will be discussed and we will identify some time thieves and the impact of procrastination on our personal productivity. At the end of the hour, you'll be able to keep the distractions aside and focus on the most important tasks at hand, saving you time and energy.

**End of LEAD
Summit**

**LEAD Summit
attendees are
welcome to stay
through the rest of
Leadership Training**

10:15-10:45

Coffee break

10:45-11:45

**FSNA Board Installation &
President's Leadership Story**

11:45-12:00

Break

12:00-1:00

Becoming a R.E.A.L. Successful Person

Sponsored by S&F Foods

Welton James



Join us for this captivating and impactful keynote presented by experienced speaker, Qdoba catering director, and author Welton James. With decades of experience, Welton is ready to share his knowledge on what it takes to become a R.E.A.L. successful person, encompassing the qualities it takes to build and sustain relationships, equip your staff to be their best, keep and spread the right kind of attitude, and discover the mindset it takes to be an effective leader. These abilities are in all of us, it only takes a commitment to achieve our best.

1:00-1:15

Break



Thursday, June 24th (continued)



1:15-4:15

Essentials of Effective Management

Jennifer Webb, UF

Managers are made, not born, and this program offers powerful tools to help you become an exceptional manager. You will learn: skills to listen for the real message and non-verbal communication, how to communicate with confidence, how to give feedback, and strategies to handle difficult conversations. This deep-dive session will leave you with a strong understanding of the most important tools of management, which, with practice, will make you ready to conquer the challenges of your workday with ease.

4:15-5:15

All about FSNA - Rally and Doorprizes

Join us as we end the day with a bang! FSNA committee and board members will update you on the opportunities offered through the association, and the benefits you can receive. Put on your thinking cap as we quiz you on the day's information and hand out fun prizes!

Friday, June 25th

9:00-1:00

SNS Exam

Pre-registration required. The SNS credential signifies that an individual has passed the School Nutrition Specialist exam, demonstrated the knowledge and competencies necessary to manage school nutrition programs, and is dedicated to continuing their professional development. When you have completed the exam, walk out with your head high, knowing that you gave it your best shot and soon you might have your SNS! Please allow 6-8 weeks for your results.

Hosted at the Manatee County School Nutrition Office.

End of Event

Thank you, sponsors!

