



# Lead By Example

*Know Your Superpower*

# Speaker Slide



**Vanessa Hayes**  
**School Nutrition Director**



**Jeremy West**  
***Director of Operations***



# Affiliation or Financial Disclosure



- **Vanessa Hayes**
  - No Disclosure
- **Jeremy West**
  - No Disclosure about other work, but I will disclose that I am secretly addicted to Fixer Upper with Chip and Joanna Gaines



# Professional Standards Code



- This session provides one (1) CEU
  - **Key Area:** Administration
  - **Key Topic:** Leadership...The Journey of Growth

EARN  
CONTINUING  
EDUCATION  
CREDITS



# So Here's How It All Started...



# The Journey... Vanessa



This was a head on collision between Destiny and Talent

- Food
- People

The Lunch Life fits my Life

- Monday - Friday
- Weekends and Holidays off



# The Journey... Jeremy

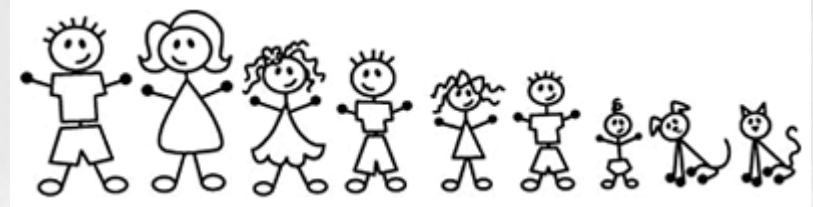


This was a head on collision between Destiny and Potential

- Challenge
- People

The Lunch Life fits my Life

- Monday - Friday
- Weekends and Holidays off



# My Current Situation



- Vanessa Hayes' Results:

- Talent
- Skills

- Vanessa Hayes' Beginning:

- Chef
- Legacy
- Tools

- Jeremy West's Results:

- Promotion
- K-12 Innovator of the Year

- Jeremy West's Beginning:

- Chef
- Legacy





# Find Your Why...



- Vanessa Hayes
  - Love of Food
  - Love of People
- Vanessa Hayes
  - Things That Speak To You
  - Things That Drive You



# Find Your Why...



- Jeremy West
  - Love of Food
  - Love of People
  - Entrepreneurial Spirit
- Jeremy West
  - Potential for Impact
  - Opportunity to Heal



# When Destiny Collides With Life...



## Popcorn Story



# How Did I Get Here?



- Attitude
- Humility
- Volunteer
- Dismissed Leadership Lies



# So How Did We Get Here?



# Stopped Believing Leadership Lies



- Leader's are born, not made. You can't learn how to be a leader.
- Leaders must be extroverts.
- Leaders must be the smartest person in the room.
- I can't be a leader without the proper education.
- Those who hate conflict cannot be leaders.
- I am too old/too young to be a leader.

**What leadership lies have you been telling yourself?**



# Started Believing in Myself



- Began investing in continuing education.
- Began to understand myself-
  - Leadership style, Personality Profile, strengths and quirks
- Embraced my strengths and Weaknesses
- Began to seek opportunities

How are you believing in yourself?



# Surround Yourself with Other Leaders



- Leaders like to lead other leaders.
- Leaders from a variety of industries
- Leaders with a variety of titles.
- Surrounded myself with leaders who complimented my knowledge, skills, abilities, personality and leadership style.

Who is Speaking into Your leadership journey?





# Identify Your Super Power



- Vision
- Communication
- Risk Taking
- Humility
- Innovation
- Mentoring
- Vision Casting
- Conflict Resolution
- Creativity



# Here's Our Story What's Yours?



## Vanessa

- Southern Preacher's Kid
- Amazing Chef
- Inspirational Motivator
- Mother

## Jeremy

- Awesome Praise and Worship Leader
- Extraordinary Culinarian
- Inspirational Motivator
- Father/Husband



# LEAVE HERE KNOWING WHAT YOU WERE MADE FOR!



What Do I Bring To the Table As A LEADER?

Am I Built To Lead?

What Is My Superpower?

Shine Bright Like A Diamond!

